

Sports injury chat with Dr. Kai Mithoefer, Thursday, Sept. 28 at 1 p.m..



Dr. Kai Mithoefer is an Orthopedic Surgeon at Harvard Vanguard Medical Associates, a multi-specialty physician group serving approximately 350,000 patients in eastern Massachusetts. He specializes in Orthopedic Sports Medicine and Shoulder and Elbow surgery at the Harvard Vanguard practice sites in West Roxbury and Wellesley. Dr. Mithoefer is an Orthopedic staff surgeon at Brigham and Women's/Faulkner Hospital, New England Baptist Hospital, and Newton-Wellesley Hospital and has an appointment as a clinical instructor in Orthopedic Surgery at Harvard Medical School.

Dr. Mithoefer received his medical degree from the Heinrich-Heine University School of Medicine in Dusseldorf, Germany. He completed his residency at Harvard Medical School's Combined Orthopedic Residency program and his fellowship at the prestigious Hospital for Special Surgery at Cornell University in New York.

Dr. Mithoefer currently is a team physician for the New England Revolution and the US National Soccer Teams. He is an orthopedic consultant to World Team Tennis and has been an assistant team physician for the US Davis Cup Tennis Team and US Open Tennis Tournament. Dr. Mithoefer has authored more than 40 peer-reviewed articles and book chapters on several aspects of orthopedic sports medicine and is a frequent speaker at national and international Orthopedic meetings.

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